

A Song for the Day, and Hope in the Overwhelming Darkness

Here is a song for the day; thank you Marvin Gaye, and each of these musicians. <https://lnkd.in/e5gtidrx>

The other day I had breakfast with my dear friend Teddie, and we talked about hope. We both said that we still feel hope: not a blind hope for immediate, magical relief for all of the darkness and pain in our world, but a sense that, until all is truly lost, we do have the ability as humans to come together in caring and love.

As my beloved Mother Marion said as we listened to Barber's Adagio for Strings on one of her final days on this earth, how can we (humans) be capable of such beauty, and such hatred, of war?

My hope lies in that question: yes, in these days the darkness of hate is overwhelming, and to be honest I check the news every few minutes to see whether the nuclear plant in Ukraine has exploded, and/or whether the nuclear missiles are flying. But, as long as we still breathe, the faint but still real hope for me is that we could decide to live the words of Mr. Gaye's song from so many years ago.

Peace and Love and Breath to each of you.

DG

p.s. and for my mom: <https://lnkd.in/esFG2gG8>

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